



Health & Safety Policy

Health And Safety Statement

The Pentland Canoe Club is strongly committed to encouraging our members to take part, but the health, wellbeing and safety of each individual is always our paramount concern. We recommend the level/nature of training and activities to be dependent on age and ability, and expect our members to participate within these boundaries.

Health And Safety Policy

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and engage in activities/competition commensurate with the individual's ability depending on age, maturity and development.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.
- Appoint a competent club member to assist with health and safety responsibilities in the role of Club Safety Officer.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and a qualified first aider at Club events and activities.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises and keep a record of all such incidents.



- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

Member's Responsibilities:

- Take reasonable care for their own health and safety and that of others who may be affected by their actions.
- Cooperate with the club on health and safety issues, respect club policies and operating procedures.
- Respect the decision of club official, coaches and trip leaders
- Correctly use all club paddlesport equipment and / or their own paddlesport equipment.
- Not to interfere with, or misuse, any equipment provided for their health, safety or welfare.
- Inform the Safety Officer of any health and safety concerns

Name: Gary Youngson

Signature: 

Designation: Chair

Date: 1 October 2024

Revision History

The formal review date for this document is **30 September 2027**

Issue	Date	Summary of Revision
Draft 1	June 2024	Draft for Comment (Pentland Canoe Club)
Issue 1	October 2024	Initial Issue